

August 29, 2020

**Because God loves you, He Provides- Part 82**

Did you know that God loves you more than anyone else could ever love you?

God proves His love to you by giving us His **helping love**. **Psalm 121:1-2** *“I will lift up my eyes to the mountains; From where shall my help come? My help comes from the Lord, Who made heaven and earth.”* The Hebrew word for help is *ezri* which means to empower, strengthen, help or give ability. The Psalmist reminds us today that all the help we need is found in our good, good Father. As he puts it, I will lift up my eyes. Look up people. Our help is not found in this world. Anything that seems to be helpful will ultimately disappoint. David knew that the only help and hope he had was found in his heavenly Father. He was continually looking to God for his strength and help. We cannot rely upon the things of this earth to fulfill or supply us with what we need. Paul put it this way in **Phil. 4:19** *“And my God will supply all your needs according to the riches of His glory in Christ Jesus.”*

There is no greater help than we can find in our Father. He is longing to help you today. He is waiting for an invitation from you. He does not burst into our life and say He is in charge! Instead, He quietly waits for us to lift up our eyes. Where are you looking today? The stock market won't fulfill. The horoscope surely won't. Your job won't. Other people will let you down. We must look up. And when we do, and call upon the only One Who can truly help, He will!

**Dear Father, help me to look up today. You are my rescue, my help. I need you today as I face the obstacles and challenges. You are my help. In Jesus Name, Amen**